



## SESSION PLAN

# FAA LEVEL 2 AWARD IN CARDIOPULMONARY RESUSCITATION AND AUTOMATED EXTERNAL DEFIBRILLATION (RQF) AWARD IN CARDIOPULMONARY RESUSCITATION AND AUTOMATED EXTERNAL DEFIBRILLATION AT SCQF LEVEL 5

### Cardiopulmonary Resuscitation and Automated External Defibrillation Skills : 6 hour session

Please note that session plan timings are approximate. Trainer/Assessors may need to be flexible and responsive taking into account the size and needs of the class.

#### Overview

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<b>Module 1</b>	Introductions
<b>Module 2</b>	Introduction to defibrillation
<b>Module 3</b>	Responsibilities
<b>Module 4</b>	Action in an emergency
<b>Module 5</b>	Primary survey
<b>Module 6</b>	Secondary assessment
<b>Module 7</b>	The respiratory system
<b>Module 8</b>	Resuscitation
<b>Module 9</b>	Choking
<b>Module 10</b>	AED functions
<b>Module 11</b>	Defibrillation with an AED
<b>Module 12</b>	Paediatric defibrillation
<b>Module 13</b>	Safety measures
<b>Module 14</b>	Course assessment and closure

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#### **MODULE 1 INTRODUCTION**

**Session content** Tutor introduction (*brief history*)  
Housekeeping  
Course outline and details of the qualification  
The assessment process  
Learner introductions  
Administration

**Session duration** **20 minutes**

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#### **MODULE 2 INTRODUCTION TO DEFIBRILLATION**

**Session content** Coronary Heart Disease statistics  
Ventricular fibrillation  
Definition of a defibrillator  
The odds of survival

**Session duration** **20 minutes**

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## SESSION PLAN

### **MODULE 3 RESPONSIBILITIES**

**Session content** Arrival at the scene  
Consent  
Casualty communication  
Priorities of First Aid  
Contacting the emergency services  
The clearing up process and preventing cross infection  
First Aid containers and their contents

**Session duration** **20 minutes**

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### **MODULE 4 ACTION IN AN EMERGENCY**

**Session content** Safety in an emergency situation

**Session duration** **10 minutes**

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### **MODULE 5 PRIMARY SURVEY**

**Session content** Safety  
Calling for help  
Assessing the levels of responsiveness  
Opening the airway  
Checking for normal breathing

**Session duration** **30 minutes**

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### **MODULE 6 SECONDARY ASSESSMENT**

**Session content** Casualty assessment  
Recovery position  
Handover and reporting procedures

**Session duration** **30 minutes**

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### **MODULE 7 THE RESPIRATORY SYSTEM**

**Session content** The composition of the air we breathe in and out  
How the respiratory system works

**Session duration** **15 minutes**

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### **MODULE 8 RESUSCITATION**

**Session content** Principles of cardiopulmonary resuscitation  
Current resuscitation guidelines  
Compression only CPR  
Use of face shields and masks  
Problems encountered during resuscitation  
Chain of survival

**Session duration** **1 hour**

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### **MODULE 9 CHOKING**

**Session content** Choking responsive adult  
Choking unresponsive adult

**Session duration** **20 minutes**

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## SESSION PLAN

### **MODULE 10      AED FUNCTIONS**

**Session content**      Variation of controls  
Features  
Embedded protocol  
Defibrillation algorithm  
Batteries  
Paediatric facility

**Session duration**      **30 minutes**

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### **MODULE 11      DEFIBRILLATION WITH AN AED**

**Session content**      Setting up the AED  
Chest preparation  
AED pads  
Voice prompts  
Shocking the casualty  
CPR and defibrillation combined  
Recovery of casualty

**Session duration**      **45 minutes**

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### **MODULE 12      PAEDIATRIC DEFIBRILLATION**

**Session content**      Definition of paediatric  
Paediatric resuscitation  
Paediatric pads  
Protocol

**Session duration**      **30 minutes**

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### **MODULE 13      SAFETY MEASURES**

**Session content**      Safety procedures  
Storage

**Session duration**      **10 minutes**

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### **MODULE 14      COURSE ASSESSMENT AND CLOSURE**

**Session content**      Course assessment  
Course administration  
Course closure

**Session duration**      **20 minutes**

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