

SESSION PLAN

FAA LEVEL 2 AWARD IN CARDIOPULMONARY RESUSCITATION & AUTOMATED EXTERNAL DEFIBRILLATION (RQF)

(England, Wales and Northern Ireland)

AWARD IN CARDIOPULMONARY RESUSCITATION & AUTOMATED EXTERNAL DEFIBRILLATION AT SCQF LEVEL 5

(Scotland)

Cardiopulmonary Resuscitation and Automated External Defibrillation Skills : 6 hour session

Please note that session plan timings are approximate. Trainer/Assessors may need to be flexible and responsive taking into account the size and needs of the class.

Overview

Module 1	Introductions
Module 2	Introduction to defibrillation
Module 3	Responsibilities
Module 4	Action in an emergency
Module 5	Primary survey
Module 6	Secondary assessment
Module 7	The respiratory system
Module 8	Resuscitation
Module 9	Choking
Module 10	AED functions
Module 11	Defibrillation with an AED
Module 12	Paediatric defibrillation
Module 13	Safety measures
Module 14	Course assessment and closure

MODULE 1 INTRODUCTION

Session content Tutor introduction (*brief history*)
Housekeeping
Course outline and details of the qualification
The assessment process
Learner introductions
Administration

Session duration 20 minutes

MODULE 2 INTRODUCTION TO DEFIBRILLATION

Session content Coronary Heart Disease statistics
Ventricular fibrillation
Definition of a defibrillator
The odds of survival

Session duration 20 minutes

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MODULE 3 RESPONSIBILITIES

Session content Arrival at the scene
Consent
Casualty communication
Priorities of First Aid
Contacting the emergency services
The clearing up process and preventing cross infection
First Aid containers and their contents

Session duration **20 minutes**

MODULE 4 ACTION IN AN EMERGENCY

Session content Safety in an emergency situation

Session duration **10 minutes**

MODULE 5 PRIMARY SURVEY

Session content Safety
Calling for help
Assessing the levels of responsiveness
Opening the airway
Checking for normal breathing

Session duration **30 minutes**

MODULE 6 SECONDARY ASSESSMENT

Session content Casualty assessment
Recovery position
Handover and reporting procedures

Session duration **30 minutes**

MODULE 7 THE RESPIRATORY SYSTEM

Session content The composition of the air we breathe in and out
How the respiratory system works

Session duration **15 minutes**

MODULE 8 RESUSCITATION

Session content Principles of cardiopulmonary resuscitation
Current resuscitation guidelines
Compression only CPR
Use of face shields and masks
Problems encountered during resuscitation
Chain of survival

Session duration **1 hour**

MODULE 9 CHOKING

Session content Choking responsive adult
Choking unresponsive adult

Session duration **20 minutes**

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MODULE 10 AED FUNCTIONS

Session content Variation of controls
Features
Embedded protocol
Defibrillation algorithm
Batteries
Paediatric facility

Session duration **30 minutes**

MODULE 11 DEFIBRILLATION WITH AN AED

Session content Setting up the AED
Chest preparation
AED pads
Voice prompts
Shocking the casualty
CPR and defibrillation combined
Recovery of casualty

Session duration **45 minutes**

MODULE 12 PAEDIATRIC DEFIBRILLATION

Session content Definition of paediatric
Paediatric resuscitation
Paediatric pads
Protocol

Session duration **30 minutes**

MODULE 13 SAFETY MEASURES

Session content Safety procedures
Storage

Session duration **10 minutes**

MODULE 14 COURSE ASSESSMENT AND CLOSURE

Session content Course assessment
Course administration
Course closure

Session duration **20 minutes**
